

Iowa ACAC Cares

Giving Back to Our Communities

The Spring 2019 Collection Benefits:

Living Free

Mason City, Iowa

Living Free is a resource and residential program designed to meet the needs of women seeking recovery and restoration from the wounds of the past and present.

Bring items to the NIACC College Fair

Mason City, Iowa

May 8, 2019

Donate as an individual or as an office.

Toiletry items are welcomed, however Living Free is in need of disposable kitchen supplies, such as:

Tall garbage bags

Paper towels

Napkins

Paper plates

Plastic silverware

Dish soap

Hand soap



IOWA ASSOCIATION
FOR COLLEGE ADMISSION COUNSELING